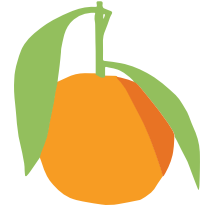


21-Day Splendid Reset

Weekly Reflection



Date _____

Over the past 3 weeks I have learned... _____

Where have I succeeded these 21 days? _____

What habits will I continue with for the remainder of the year? _____

I will celebrate today by... _____
